

## TO THE MEMBER ASSOCIATIONS OF FIFA

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Circular no. 1695

Zurich, 31 October 2019  
DSG/kim

### **WADA 2020 List of Prohibited Substances and Methods**

Dear Sir or Madam,

Enclosed is the World Anti-Doping Agency's (WADA) 2020 List of Prohibited Substances and Methods ("List") along with its 2020 Summary of Major Modifications and Explanatory Notes and 2020 Monitoring Program.

The List, which was approved by WADA's Executive Committee on 23 September 2019, will come into force on 1 January 2020. It designates which substances and methods are prohibited, both in and out of competition, and which substances are banned in particular sports.

Please share this information on all platforms. It is vital that all athletes and their entourages take the necessary time to consult the List and that they contact their respective anti-doping organisations (ADOs) if they have any doubts as to the status of a substance or method.

If you have any other questions in relation to this matter, please do not hesitate to contact [antidoping@fifa.org](mailto:antidoping@fifa.org).

Yours faithfully,  
FIFA



Alasdair Bell  
Deputy Secretary General (Administration)

Enc.: - WADA 2020 List of Prohibited Substances and Methods  
- WADA 2020 Summary of Major Modifications and Explanatory Notes  
- WADA 2020 Monitoring Program

cc: - FIFA Council  
- Confederations  
- FIFA Medical Committee  
- WADA