



No. 70/2025

TO UEFA MEMBER ASSOCIATIONS

For the attention of
the President and the General Secretary

Your reference

Your correspondence of

Our reference
RLE/ZBA

Date
12 December 2025

2026 WADA Prohibited List

Dear Sir or Madam,

Please be kindly informed that the World Anti-Doping Agency (WADA) has published the [2026 List of Prohibited Substances and Methods \(List\)](#). In accordance with article 4.1 of the [UEFA Anti-Doping Regulations, edition 2021](#), the 2026 WADA Prohibited List will apply to all UEFA competitions from 1 January 2026.

WADA has also published:

- the [2026 Summary of Major Modifications and Explanatory Notes](#) as compared to the 2025 List; and
- the [2026 Monitoring Programme](#), which includes substances that are not on the List, but that WADA wishes to monitor in order to detect potential patterns of misuse in sport.

The List is one of the eight International Standards that are mandatory for all signatories of the World Anti-Doping Code (Code). It designates which substances and methods are prohibited in- and out-of-competition and which substances are banned in particular sports.

The List is released in advance of it taking effect so that players, player support personnel, (e.g. coaches, doctors etc.) and other stakeholders can acquaint themselves with any modifications. Players are responsible for prohibited substances found in their body and prohibited methods found to have been used. Player support personnel are also liable for Anti-Doping Rule Violations if determined to be complicit. Consequently, if there is any doubt as to the status of a substance or method, it is important that players and their support personnel contact UEFA's Anti-Doping Unit for advice.

Therapeutic Use Exemptions (TUEs)

Players who are participating in any UEFA competition or in senior international (national A team) friendly matches at confederation level and need to use a prohibited substance or prohibited method for therapeutic reasons must request prior authorisation from UEFA by submitting an application through UEFA's digital [TUE application form](#). The TUE form can also be found by simply typing **tue.uefa.com** into any search engine. Applications must be made to UEFA only and not to NADOs.

TUE applications that are sent to UEFA will be processed in accordance with WADA's [International Standard for Therapeutic Use Exemptions \(ISTUE\)](#). A complete file of medical evidence and written consent from both the player and the treating physician must be submitted with the application. Unless emergency or urgent treatment of a medical condition is necessary, (to be proven when applying for a TUE), doctors must not administer a prohibited substance or prohibited method before a TUE has been granted or recognised by UEFA.

Doctors, together with the player, shall ensure that all the requirements are met before applying to UEFA for a TUE; otherwise, applications will be sent back to the applicant for further information and the process for granting a TUE will be delayed. WADA publishes checklists on the requirements for TUE applications for many common medical conditions. These checklists can be downloaded from the [WADA website](#).

WADA has also developed a guidance document on [Glucocorticoids \(GCs\) and Therapeutic Use Exemptions \(TUEs\)](#) in order to assist team doctors in their understanding of the rules regarding the administration of GCs.

TUEs granted by FIFA are automatically valid for UEFA competitions. However, TUEs granted by NADOs are not valid for UEFA competitions unless they have been recognised by UEFA. In case of a NADO TUE recognition request, please email anti-doping@uefa.ch with the ADAMS reference of your NADO TUE or, the name and date of birth of the player.

Players participating in youth-level international friendly matches (i.e. any national youth team up to and including Under-21) must apply to their NADO for a TUE, and not to UEFA. If the player is subsequently called up to play in an official UEFA youth competition, they must apply to UEFA for recognition before the start of the competition.

Please forward this circular, the UEFA Anti-Doping Regulations, 2021 edition, and the 2026 WADA Prohibited List immediately to the team doctors of your national teams and clubs participating in UEFA competitions, who must in turn inform their players.

The Prohibited List, the Guide to the Prohibited List and TUEs and all other enclosed documents are also available on the dedicated anti-doping section of the UEFA website at:
<https://www.uefa.com/insideuefa/protecting-the-game/anti-doping/>

Should you have any queries or require additional information, please contact anti-doping@uefa.ch

Yours faithfully,

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Theodore Theodoridis
General Secretary

Enclosures

- [2021 UEFA Anti-Doping Regulations](#)
- [2026 WADA Prohibited List](#)
- [2026 WADA Summary of Major Modifications and Explanatory Notes](#)
- [2026 WADA Monitoring Programme](#)
- [Glucocorticoids and Therapeutic Use Exemptions](#)
- [UEFA Guide to the WADA Prohibited List and TUEs](#)
- [UEFA TUE application form](#)

cc (with enclosures)

- Clubs participating in UEFA competitions
- UEFA Executive Committee
- UEFA Medical Committee
- UEFA TUE Committee
- UEFA Anti-Doping Panel
- European members of the FIFA Council
- FIFA, Zurich